

HG Gurudas pr.

Q What important instructions and leadership examples of Srila Prabhupada do you feel should be preserved and shared for the longevity and solidarity of ISKCON into the future?

I think there's many principles that SP gave us. And he gave us the Vedic culture, something tangible. That's why we were able to leave our pleasurable ways because it's very tangible. The first principle is dasanudas. This principle could save the world. It could actually save the world. If it's done, right. People are usually out for their own gains. It's not saving. I see it so nicely done still in this modern world in this festival. The other thing SP gave us was love and trust. We started this whole movement on love and trust, we'd love SP, He loved us, we loved each other. We're a family. In every family. There's dysfunctions, there's differences, but because we're doing the same goal, we can try to forgive and overlook and actually correct and I have some suggestions about how to correct as well. The other thing is SP, actually, even though we're doing the same thing, he honoured the individual. Acintya bheda abheda tattva, we each have an individual relationship with Krishna. That's unique. Your different age. I'm a different age. You have different interests. I have different interests. One day SP was washing his clothes Radhadamodara Temple up. I will wash your clothes SP. SP -no, I like to wash my own cloth. Because I like to be as independent as possible. So what does this mean? Is this a dichotomy we're dependent upon Krishna. But yet, we're still independent, because we are unique, and we are different and SP, he influenced encouraged that. And that's how all the pieces of the puzzle came together to even do this, because we're individuals coming together. One person could do this at the pandal, I did the advertising somebody else the licensing somebody did the prasadam, the hierarchy. By the way, in Dasanudasa is this way, the temple administrator is just as important as the cook to Krishna. The administrator may have different propensities, they should not take advantage of the cook. Because they have the, they have the potential to do

that because they're pulling strings. So honor the individuals and with that SP saw in our hearts, and what he did, which is the essence of Bhaktiyoga, is that he, he gave us the right engagement. He didn't ask us to do something that was against our nature and this is important, it came out in one of the talks. Krishna consciousness does not mean to force anyone. As the movement grows, people were forced. And as movements grow, people are forced to do things subtly, because of peer behavior you know what I mean by peer behavior. Every movement has a charismatic leader, it has books, it has songs, it has tradition, and it has everybody should act a certain way. And that's all right, because ritual is cleansing. But it could also be misused by making people do something that's against their nature. That's where many of the mistakes have happened. And you may you probably know more than mistakes and I do because I don't get involved politically but I know that as one of the founders of the movement it hurts me sometimes to see how people have let's just say in the broad scape the board broad bus change things not only the literature but for their own agenda and to subjugate people for their own comfort whatever title, position, money because we're all doing this we're all children of Krishna and we shouldn't take advantage of anybody else this is really important but it's that takes a higher soul to actually do that's a sadhu so with the best sewa which is you're not looking at the clock at some work it's Bhaktiyoga is also your best sadhna and with this means you want to have time to balance out your preaching and you're reading. Now in this aspect some people are more let's say gregarious, more bold, more inclined for preaching. Some people are more inclined for Bhajanandi , Bhaktivinoda Thakura's, reflection, Bhaktisiddhanta Saraswati Thakura was preaching every town and village so if someone is really shy, let them do their preaching in other way Don't push them out to do something too much that they don't want to do. Of course going on Hari naam is a good way to become honed in Krishna consciousness because you have to drop your ego when you're rejected it's not personal and it's a way to serve but I won't digress too much.

Q Do you find any areas of Srila Prabhupada's teachings that have still not been appropriately implemented or aspects of his vision for the mission that are yet to be fulfilled? If so what could be done to fulfill the same.

Okay I think in so many ways we've evolved as as it pinches my heart to see how sometimes people have mistreated one another it also engladens my heart to be in this conference room right here. To me, this is a manifestation of SP on that boat with \$7, 40 rupees. This microphone, this glass, this water knowing you is SP and now we have Goshalas and schools and I see more nice manifestation then misuse. But still there is some misuse but all over the world, even in the film's great temples, planetariums, books, cow protection, what is missing ? devotee protection and so for two years I've been working on something called Vedic care. And this is the brochure and I'm going to leave it with you right now we're taking care of 15 people who have been neglected devotees who have been given 20,10,30 years 40 maybe 50 they're not famous like me or is the temple can't deal with them anymore. So they put out to pasture like some skinny cow in the street, not even grass to eat know some of the people were dealing with they can work there in apartments, we had to bring them food and they were eating pasta with can chutney as the sauce because they couldn't cook so we had to go and bring them both or bring them to the temple help them out everything. So the first aspect or Vedic care charity is outreach teams that we go to the hospitals and homes to assist people somebody guess in hospital let's say their family isn't a Vaishnava family. We go and assist the family the family needs to go to the cafeteria, will stay with them. But let's say the family is Vaishnava of it. It doesn't matter. We have mp3 for the person who's dying to hear will sing in their ear, will read them sastras and that the time of death we will do the proper shradha with Tulsi. So that's one of the services so basically and I'm going to speak later about it is impersonalism with the guys of personalism and how we've neglected each other more than we have to. and SP didn't do this he bandaged my foot he cared for me he when I had typhoid he questioned every day, he demonstrated this care and he's said those who are serving Krishna should be cared for at the time of their death. Now this is done before death through our residential villages. It's Association when people are starting to get all their isolated they come together

but they're not going to be Idle. We're going to do films and books and also healing, multifaceted healing. For as SP said inmates and the public premier cultural farming, the vision is wide. We have this little films to show our vision. So where I say we neglected is our treatment to each other. That's where we've neglected not only individually because it's convenient for administrators if everybody's acting right, and they don't have to all the totalitarian regimes don't want individualism. They don't want intelligence because it's hard to administrate and unimaginative administrator squash individual creativity. And so it happens in movements too, because they're large so we must treat each other in many ways because it's easier Hari Bol prabhu is not a real conversation. We have to have real conversations with each other take the time to know, like in the world where microcosm of society. Let's be a good society, where did you come from prabhu, you know you get to know each other, and not just hari bol prabhu, it could be like i joke in the United States, So sup, dude, there's not a real conversation. That's an adage. So that's why I said that this neglect and, and putting the message out. And people are saying, Oh, Guru Dasa, I felt this way in my heart. But I didn't know how to say it. Authorities are not addressing this care. So this is where we've dropped the ball. And I'm working on it. And I'm glad we can also share this in this process. But also generally how we act each other. The difference between our movement and philosophy is we're personalist because Krishna and routers Radha's Lila is so personal, and it's compassionate and sweet. It's not some vindictive God, that for every sin, but we do it we judge each other because the standard is high SP gave us a high standard. So it's easy to judge that person. But you may be doing the same thing. And if you have that judgment in your heart, it means you have that consciousness so don't judge, love! That's what I'm saying. Okay.

Q Please share some of the personal principles and practices which you have held on to in your journey through ups and downs in various leadership roles in ISKCON.

First thing your suggestion is all of them are good, by the way. So it involvement of people is really good. And when I was in the civil rights movement in the United States, we did what was called indigenous leadership. So we found local people to do things we didn't impose if we don't understand so involvement with people is good. But the way to manage is by example, suggestion SP gave us instructions, suggestion, but he also said Krishna consciousness is not to be forced. So you want to back things up with Shashtra. But you don't want to take the Shashtra out of context for your own agenda. You have to be honest about it. We're only instruments to Krishna. So we want to teach as much by our example because as Gandhi said, change starts with ourselves. So if we're setting the example, more than half proselytizing it, that's number one in leadership, Be the change you want to see in yourself. That's leadership. Number two, again, I stress this right engagement, Buddhism too, one of the tenants of Buddhism is right livelihood, don't force somebody to do something that's against their nature if possible, because real party is you don't separate work and play like in material world looking at the clock when can I escape when I can I go home when I can have vacation is 24/7 serving Krishna loving Krishna. So you want to do something you want to do something? You're excited! I just saw this map of Vrindavana at the Eco Village and this is an idea that I discussed with SP years and years ago, and I'm so happy to see I don't know if you know what I'm referring to, but now it's manifesting, I wanted to do the same Vrindavana so that's a way to engage somebody who's involved in graphics, somebody who is involved in ideas, let's put this here, let's put this here, let's make the conference room this way let's do a table this way let's have water here somebody had to carry it so we're all serving together but does that water carrier, he a maybe a simple person from the street, does Krishna love that person less ? So let's How can we give out if we don't do within? so we have to love one another and really do it. Deeds not words. DEEDS ! that's why we have 15 people we're serving with hardly any money because is need who's going to have these people who can work.

Q Which leadership values should be included in the training for future ISKCON leaders? (Please mention at least three)

For the managers don't micromanage. Do you know what I mean? This is a modern term and you guys were born with computers in your hands so you probably know what I mean more than I do because it's a new word it means set example give the person the right engagement and let them do it. We want to do maybe consensus decision making for important SP says if we do something together we all be glorified and that is failure no one is to blame so he is stressed all the time then the sticks that are together can't be broken. We all be glorified by doing together consent but we don't have to have a consensus meeting to see what kind of light bulb are going to put in the room so don't micromanage like SP gave us the task and then he would say What news ? so then check up eventually but don't stand over the person so there and make them nervous that they're not doing it right which is another topic most people in the world have self low self esteem because of their parents not encouraging, schools not encouraging them, society not encouraging them red lights, green lights not encouraging them then so then read Self Realization you're making decisions I have to do this I'm not doing this I'm not going eat meat, I'm going to do this, decision, standard, judgment, other people judging. What am I going to do ? so accept ourselves as humans doing our best and don't judge each other because Self Realization does mean selfish realization and so we have low self esteem and so Radha Rani will SP said, if I do something if you do something, and I don't forgive you, He was teasing me. Krishna will forgive you. And if Krishna doesn't, Radharani will. So in this soul of compassion, we have to forgive ourselves and forgive others. Because there's so much low self esteem and we should not be materialist. We have the positive alternative to the material world. So we can be better than that. So we may be strong and spiritual Foundation, but we don't have very much other skills as far as life because of the low self esteem, maybe you didn't do well in school, maybe your parents put a lot of pressure especially in India, iam in counseling somebody now they wanted to be a lawyer, Doctor engineer, they wanted to act this way. And the guy wants him to find himself. He's just a kid. I'm counseling right now you're smiling, you know what I mean? peer pressure. So one of the things that

we're missing is that and part of vedic care is also groups that we can actually talk and counsel one another and not judge love and trust because then we can have a two legged foundation spiritual and material because also frankly, some of the social skills of the devotees are not very good. I have many examples the best example I'll give as an anecdote is when we met George Harrison basically three of us were dealing with him because to devotees social skills were very enthusiastic and not good and so one day the Beatles were rehearsing and a devotee he was on the roof and there was a skylight and the devotee was looking in and the skylight broke his dhoti caught on the skylight, he lands at John Lennon's feet it is Brahmana underwear, two strips of underwear, he wasn't hurt but he's lucky enough and John lennon says oh one of your is a George. So we have to develop our social skills with one another to and the public one more thing we have to go she's we have is to go she's in our thing meet together you know and work together Well I like you say humility. Because again, it's a hierarchy this way and the administrator the more the administrator is humble the more I'm impressed and actually makes you want to to serve with them you know and so Humility which includes compassion Radha Rani, as a soul of compassion in this process compassion means how you see and treat one another and again empathy try try to to see into the soul of the person as don't like the behavior. the sin but try to forgive the sinner just like I enjoyed Haridasa's does is of course he's probably tell that story many times. But his first time credit so you go it's like many dramas, it starts out low. And then it ends up so from a thief to administrator. So that was nice. So empathy, these skills policy at the things I saw a proper SP was just expert in everything. He knew what to say. He did it with humour. There's two aspects of Krishna conscious by Raga and Ragunuga Bhakti the foundation. You have to learn it's good. You're learning Krishna consciousness, we help one another. There's some things that purify us but then after a while, and when SP told me this personally. It was at this point where it became he knew the exact time to tell me this. It was part of my life, the foundation rules and regs, etc. He said. Now Krishna conscious is a second stage. He didn't say the Sanskrit he said the spontaneous stage. So actually, as you'll see, and if you read my book and Shyamasundara's books and even right now Krishna is arranged this magical trip by I wasn't sure I was going to get here. It's a great

adventure. And every day is Nava yauvanam, even though we may be doing the same thing it to be Nava yauvana, don't be in a rut don't just go along, be fresh be new. That's how we started this don't just go along and be comfortable always tried to do for yourself if not for the public otherwise it's just been like a common times it's comfortable. I mean, that's all right. Krishna will accept that too but I think you might understand what I'm saying. .

Q Which leadership skills should be included in the training for future ISKCON leaders? (Please mention at least three)

One of the things that impressed me about SP was how preached because one of the qualities of Krishna is all attractive and SP people would say I feel comfortable with him I feel like I trusted he made me feel good, SP had this way and I helped him out of welcoming people and just knowing how to make them at ease pretty much everyone, he charmed he know what to do. Part of the skill was listening, one day I was in the room in this Balti man, a bucket maker was talking on and he I can tell he was one of the most boring people in the world when then we got the 10 and then we wrap and then then to going to falling asleep and SP listening and then I take the band and then I bolted to the... oh you both of what this is like dovetailing between ourselves and Krishna SP change the conversation on a radio show there's a talking show and we called in it was calling so we we planted Swami Ji Why are we here And who am I am probably go on, we danced for 20 minutes. So the trick was he'd listen and then he would see what that person is like in counseling this is a skill you even listen to the language so you may talk even a mechanistically or poetically depending upon what the person needs this is SP did. So part of preaching is listening and trying to see how to really communicate don't feel judged don't prefabricate, oh this person I'm just gonna force Krishna consciousness down the throat if you really want to communicate try to see how to communicate to the person and to the devotee to get them to do something with their full heart otherwise if they're doing SP said we don't want to attack people artificially cojole them because something easily learned as easily forgotten if it's learned the hard way as part of you so if you do this in a natural

loving way as we did then it becomes part of your life and then you can do it for 50 years because it becomes an adventure .

Organizational SWOT for today's ISKCON

Q Which do you see as the core strengths of ISKCON which you feel should be preserved for the future generations? What do you think can be done to preserve and transmit them?

Q Which do you see as underlying weaknesses/ shortcomings in the way ISKCON is growing and operating today? What do you think can be done to reduce them?

Q Which do you see as the biggest opportunities which ISKCON should capitalize on in the near future? What do you think should be done to capitalize on them?

Q Which do you see as the biggest threats to the movement in the near future? What do you think should be done to deal with them?

The core strength of his ISKCON is Sastra and Sadhu as we've actually been preserving for years I know other groups for 50 years they they haven't endorsed so well and by the way I'm working on the photo journalistic book about our Vaishanva movement in the West in because I was the first photographer so I'm doing this with photo and text it's got SP in it it's got the Beatles but it's also got their evolution after proper left the planet because like when I go to Eastern Europe and I see thousand of devotes who were in subjugation now chanting Hare Krishna or even this festival it's a very nice festival I was at the other one but I must say this wisdom is still going on first class Pakka. So because that is like the Vedic way I even got some claw Vedic weight sastra , sadhu be a transmission for Krishna we're instruments, we want to be clean instruments for Krishna we still individually don't give ourselves up we use ourselves Krishna gives us that Krishna is the talent in men and women so we use our talents for Krishna so we don't give up ourselves we have to be artificially we don't want to artificially renounce because then it's difficulty we want to make sure we're self maintain health wise

too but then we can give to others resell filled with love. Then we can give the love to others. So now sadhu sastra is backed up with integrity with honesty, selfless, but as I say we have to be self aware, not artificially renounced sometimes so much impersonalism, artificiality That doesn't have to be SP wants us to be who we are. He wants us to be really encouraged us to, he would tease us for our individuality. Krishna makes our variety, it would be so boring if, let's say there was one species of let's say one species of humans, the music would be boring, everything would be boring. Everybody will go somewhere different. This is the beauty. Krishna loves us all. So Sadhu, Shasta, we back it up. But we have to be honest and we have to really do it together. This has lacked because someone does. This is the test. It's Maya. Someone gets in property. They get some money, they get some title. We join together. We grew together. We're family. But now I'm the president. Now I'm the CID, KGB or the GBC see ,so now I can subject you No ! we're all children of Krishna. So let's act that way. So the mistakes we've made can be corrected SP said if you someone steals and then they give it back, SP said it's purified. So we make mistakes. But so let's identify the mistakes. In counseling, the first thing you do is to find the problem and then from there you can heal. So let's heal the mistakes and clean those mistakes. purify them don't make the same mistakes because from there we could go on and as I see the vision we are a positive alternative, i don't know that's the next question I'll go into it. I see that slowly. The land can be more used as isolated the land we there's a farm in Australia nine people in 900 acres. More people could come SP formulas. Land people and Lakshmi. homeless people could go there. They follow the rules and regs care for devotee not neglected, real care across the board. Not just when you're sick, make sure everybody is housed, fed, nourished spiritually, but not just the devotees. From within, we have a nourished community, not impersonal, not just going along. But really happy like we did with SP enthusiastic, can't wait to give this out because we believe in it. Oh, let's give it to the Beatles. We believe in this and then we give it to others and it expands and then I see even in more green more farms little parks less people on the street it's already nice how we are feeding people that's that's a manifestation SP than I talked about it actually I was one of the founders of food for life when the government here gave us two tons of WSP Wheat Soy Blend. Even the cows didn't like it but

they did give it to us, we fed people it was in the Bangladesh camps, food for life so all these manifestations are great because liquid properties done for the world spiritually. We revolutionized it and he's given an alternative but if we're not doing it within ourselves, we're not example for others. And frankly I don't know if I would join today if some of the things I see in the name of impersonal etc I've addressed some of them. So my vision is canals in the middle of the city with boats and fruit trees on both sides and people singing Hare Krishna in the hospitals so it can expand and education in the colleges and it's already expanding. But if we do it right, and it can expand more, because the whole aspect of the Srimad Bhagavatam is how can we relieve the suffering of the people of the world. So this is one of the things we want to do. But we have to do it first within before we can do it without. I think we're doing it in some ways TED Talks, the media I think we should have more college, I did college back the clubs things like that education is a good good alternative. I had a conversation with Bob Dylan the singer ,it was a political meeting have is part of the Civil Rights Movement Martin Luther King based on Gandhi's peace but he was uncomfortable we said we can reach people more with story and so on than political rhetoric so as much as education as we can do, we are already feeding people I think that's really ,Krishna's all attractive so it means again, seeing how you could reach them communicate everybody doing a genuinely like SP did yeah and also I mentioned group and individual counseling I think the two aspects of Vaishanava love is to hear and to speak but people don't because again when I said to see CID KGB and GBC the camera man person left and he's heard so many words so it's true so I think that if we do love and trust one another like SP did, he did so many times. Forgive in so many ways. In my books, I show how he's forgive, somebody stole butter. Well, if you have to steal, don't steal other people's things are like still don't steal but if you have to steal, we will steal butter, cause Krishna's makhan chor making sure just one aspect of how we forgive and forget. So we have to do this we have to forgive we don't want to. So the two aspects of Vaishnava love is actually be able to hear and speak without feeling afraid that someone will speak, tatttle on you to the authorities or were misunderstand. And so we don't want to be an agent of chopping down our movement tree from within. And the biggest example of this was back in the early days when a devotee

he said SP is god, this is in 1967 or eight in New Vrindavana and SP was in Japan and SP was outraged. And we were protecting the movement four of us, from the new Nectar of Devotion where it said, the Guru is representative of God. SP wrote that they're taking limb of the tree and they're cutting down there, it's a hatchet and have to cut down a tree. Because if they say, I'm God, when I leave the planet, then they'll be God and you kick them out. We kicked him out of the temples preaching, they had to preach outside, but then he forgave and they did service. So the point is, we don't want to cut down our beautiful family movement. It is a beautiful family from within. I don't take this for granted. I saw this as a stripped of ground with one Shack on it. Gopal Krishna as I said was talking on the phone and everybody could hear him out the window is confidential how much how much in the bank and everybody in the property could hear him it was much different back then I can't find where I am I need a map every day to find myself here was just a piece of ground and look, look at this right here. So we have a lot to not take for granted but we want to do it Nava yauvana, fresh and right every day and not self destruct.

Q Please visualize your dream vision for a very successful worldwide ISKCON movement 25 years from now.

No, I think it's good like even if you say that a manual may come out of that and that's good. But at the same time everything is autonomous in individual according to one of our great rules that SP gave us his time place and circumstance in Africa it's warm so you take the code off in the last few put it on it's cold so how I see this not happening is getting micro managing that yes, we have a manual but we have to be aware of the time place and circumstance including the people we don't want to overreach we don't want to start Deity Worship before there's not enough people to do it. We don't want to stress ourselves from within before we're practically able to do it. So do it intelligently have a manual, we're doing the same thing. We're having them a model that people can learn from and they can do it all over the world so they don't have to reinvent the wheel each place, do it again. We had workshops in Vrindavana all

the Mridanga players all the cooks, all the managers. So we could learn from one another, not reinvent the wheel, the manuals, good have some things as tools. But at the same time, be flexible enough like SP was, so many times I saw him flexible according to the time, place and circumstance. I mean things that are not in the sastras ,SP, so many stories that are delightful. And you see SP did this this, he even instituted women on the altar. He's ecumenical like the Pope, the good Pope, there is a Pope, who got all the religions together, Pope John the 23rd and he empowered women somewhat and he used to sneak out of the Vatican so we can get the pulse of the people and he was like SP. He was a man of the people and they asked him how many people John the 23rd are working in the Vatican and he said, Oh, about half of them So SP had to had that type of sense of humour. So the vision I see is canals in the city, no slums, Krishna, conscious all over tolerance for other spirituality, it is no separation to separate us celebrate the difference, don't use it as a separation. My way you're way. Because Sanatana Dharma, where we're greater than that separation, we are the science of the soul not the body, we don't identify with the body. So we are greater than that. So the vision is that the whole world is Krishna consciousness is in some way God conscious, higher values. The the mind is like a library. There's not clean books in it and clean books. So let's floor ,clean the library of the world by being a positive alternative. We are Krishna consciousness is all attractive. We are a positive people are flocking here, people are becoming vegetarian. It's a household word now, because of SP. Karma is a household word, because of SP. SP has done so much by walking near with \$7. So this is the vision but we do it in a nice way. Not a dogmatic way, in an attractive way too much separation in the world, too much separation between devotees one nice thing Radhanath did this he obliterated the separation between the Grihasthas and Brahmacharis. When we first started none of this, and the women and men, were just sitting like SP children later on, because the movement grew, Jamuna had to not sit so close this was devastating to her because it's the growth of the movement This is almost a poetic example SP children Malati, Jamuna, Janaki there right next to him sitting on the floor me, Vishnujana then the movement grows..... Well Jamuna shouldn't sit right down next to vyasaasana SP- where's Jamuna? Well they said i shouldn't she didn't even say they said.. okay so by the pressure the world how it looks so

we have to do what we can according to time place and circumstance I think a lot of things were already including inclusive but I told a story about I would see the bomb is Krishna the other morning is doing the Indian Pakistani war, SP wouldn't I'm going to shorten it...SP wouldn't cover the windows everybody was afraid the bombs would hit Delhi, SP wouldn't ,committee came Why aren't you covering the windows. SP said you're not the controller, you can control your stomach ache tooth ache if Krishna wants to kill you. You can save it. If Krishna wants to save you. You can't do anything about it. They said but Swami Ji what if the bomb should come and SP looked up. I was standing up he said. Then I would see the bomb is Krishna. So that means we want to use every moment perfectly. Not just be comfortable, not Nava yauvana and it means that we should use every moment preciously because we don't know when Krishna is going to take us and again that has to do with how we treat one another Dasaunudas genuinely.

Number two, one day I was sitting in the temple in Vishakhapatnam now this is something I learned in India I should have learned it actually in the United States because my father's shoes were stolen in New York but it wasn't until India that I learned that you put one shoe on one side of the temple and when shoe on the other side because monkeys or people won't take one shoe so I had one shoe in Vishakhapatnam now SP as walking by with his entourage,so many people walking with SP all the photos SP walking with his army you loved of SP walking. So I didn't have time to gather my shoes. I ran past and it's beaches with barnacles and shells. And he's going down the beach and there's lots of shop and he's just gliding along and I'm going like that. And he looks over and he says Where are your shoes? And we had another conversation about shoes. Because in Vrindavana. I didn't wear shoes and he said follow in the footsteps of your spiritual master meaning I should wear shoes. And this the same messages, this story where are your shoes? I'm thinking when I'm with you SP. I don't feel any pain. But that's not practical. That's poetic. My feet were hurting. He looks at me like he could read my mind that I'm saying thinking such a frivolous, capricious God and he says there's enough to pass you in the world enough austerities that you don't have to put any on yourself unnecessarily. So this includes devotee guilt because the standards are high. Don't put any unnecessarily guilt because again, I address low self esteem. So don't unnecessarily put any more guilt on yourself.

Do your best ,Krishna loves you just do it sincerely. Because we put too much stress society puts enough so this is actually a counseling point Krishna. But again, time, place and circumstance because is a dichotomy, the whole idea spiritual life is an alternative, a transcendental way of thinking about peace of mind. But also the other aspect is SP said, Krishna consciousness is not always peace of mind, because in the mood of gopis, how can we serve better how can we serve better but that's an enthusiastic one, not a stressful one, not a guilt one, not somebody saying you have to do it. It's a difference. Pure hearted Bhakti is doing with full hearted. Not because somebody tells you do or you yourself are putting some kind of unnecessary guilt or to pass you on yourself. And people do it all the time. So this is not even address so much. So it is some wisdom Other than that, I pretty much address compassion, empathy, example, adventure, spontaneity. And so again, the future really is how we do treat and work together that really is paramount for any future success or failure.